

SCARY DRUG RISKS DOCTORS OFTEN MISS



At home with
Ally McBeal

McCall's

SINCE 1876

**Natural cures
for colds and flu**

FUN FOOD!

- Quick pasta dinners
- Easy chocolate desserts
- Bam! Recipes from TV's chef Emeril

**Done-in-a-day
room makeovers
under \$100**

A mom's miracle love
**"I risked my life
for my baby"**

Simple secrets to
instant willpower

Purge the urge to pig out, waste money, gossip like a fiend

Get legs like
Julia Roberts,
a tush like
Goldie Hawn

EXCLUSIVE

**MEL
GIBSON**

What makes his
marriage so strong
(baby #7 due),
plus his tips
for husbands
on how to keep
romance alive.

Clip & post prominently!

February 1999 \$1.99



**No more rudeness!
6 ways to raise polite kids**

